



TE MIRE URA
NUI 2026
INTERNATIONAL DANCER OF THE YEAR

TURE
E TE AU
AKANOOONO'ANGA

(RULES AND CONDITIONS)

TE AU TURE AKATERETERE
(Rules and Conditions)

TUMU TAPURA

Kua akamou ia te tumu tapura o teia tarere ki te tumu tapura o te Maeva Nui o teia mataiti 2025 koia oki:

“Taku Ui Ariki, e papa ngaueue kore koe noku.”

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TUANGA 1

AKATOMOANGA

1. TIKAANGA AKATOMO

Kua akanoo’ia teia tarere note iti tangata Kuki Airani ua e kua akatuera’ia ki to tatou iti tangata e noo nei ki te Kuki Airani e pera katoa ratou i te akauroa, mei a Aotearoa, Otireria e pini uake teia nei ao, e 17 o ratou mataiti aere atu ki runga, auraka ra ki runga ake i te 35 mataiti.

E au kotinga ra oki tetai no te au tangata kare i roto i te au ngai e pati iana e te Tauranga Vananga kia tomo mai ki roto i te tarere.

2. TE AU NGAI KA TIKA’IA KIA TOMO MAI KI ROTO

Mei tei matauia ko te au oire mamaata ua i Nuti Reni e Otireria mei tei akatakaia i raro nei te ka akatika’ia mei teia nga enua kia piri mai ki roto i teia tarere, inara kia iki’ia mai nga tangata, vaine e te tane tei autu i te tarere i roto i te reira au oire ei mata no teia au oire.

Me kare e tarere i rave iana i roto i tetai au oire, ka anoanoia tetai tukuanga tika mei ko mai i tetai arataki o te iti tangata Kuki Airani mei te reira au oire me kore au tangata mou

THEME

The theme for this competition will follow the theme set for this year’s 60th Te Maeva Nui Competition 2025:

“Taku Ui Ariki, e papa ngaueue kore koe noku.”

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SECTION 1

INTRODUCTION

1.WHO CAN JOIN

This Competition is open to all Cook Islanders living in the Cook Islands or those residing in other countries like New Zealand, Australia as well as other parts of the world and who are 17 years old and over but who are not over 35 years old.

Conditions will however apply for contestants not in the zones usually invited by the Ministry of Culture to join the competition

2. AREAS ELIGIBLE TO JOIN COMPETITION

The major cities from NZ and Australia, as has happened in the past, are allowed to have representatives in the Mire Ura Nui. That honor will go to the first-place getters only, man and women, of the respective competitions held by those cities or districts.

Districts which are unable to have their own competitions can select representatives from their district to come to the competition however those competitors must have resided in that district for not less than 3 months, and the

tao'anga teitei i roto i te angaanga Peu Tupuna i te reira au oire e kia mata'ia mai ratou e tetai vaine me kore tane no te reira oire, tei irinaki ratou e matutu to ratou turanga i roto i te angaanga ura. Ka anoano katoa ia e kia noo ana teia au tangata ka mata mai i teia au oire e toru marama aere atu ki runga ki teia au ngai kare ratou i rave ana i ta ratou uarai tarere e ka akara matatio ia to ratou turanga ka akatika iaai ratou kia piri mai ki roto i te tarere.

3. MATA NO TE KUKI AIRANI NEI KI ROTO I TE TARERE

Ka mata'ia te Kuki Airani, mei tei matauia, e te au vaine me kore tane mei te re tai ki te re toru mei roto i te tarere maata ate Kuki Airani no te aronga mamaata (Senior Open Section) o teia mataiti 2025 e kare teia tukuanga tika e tauia me kore kia tauetono'ia.

4. MATAITI TIKAANGA NO TE PIRI KI ROTO I TE TARERE

Ko te au tangata ua, tane e te vaine, 17 mataiti aere atu ki runga te ka akatika'ia kia piri ki roto io teia tarere, auraka ki runga ake i te 35 mataiti.

5. KATOA'ANGA O TE ARONGA KA TARERE

Ko te katoa'anga o te au tangata ka ura atu, tane e te vaine, nate au akaaere te reira i roto i te Tauranga Vananga e akatinamou.

Me kare te numero o nga tua e rua, tane e te vaine, e taeria ki te 10, ka rauka i te au Akaaere i roto i te Tauranga Vananga i te pati i tetai au oire i Aotearoa e Otireria kia apai mai i to ratou au mata tei peke atu ia ratou te re rua e te re toru kia piri ki roto i te tarere note akatae i te numero o te au tangata ka uara atu. Ki tei anoano'ia.

selection must be sanctioned by someone or persons who are prominent in the affairs of Cook Islanders in those districts or who are at the forefront and active in cultural actives of those districts. Competitors from unknown destinations or places who did not hold their own competition will be vetted before a decision is made if they can join the competition.

3. REPRESENTATION FROM THE COOK ISLANDS INTO THE COMPETITION

The Cook Islands will be represented by only the top three place getters from the National Senior Open Competition of the Cook Islands of this year 2026 and this decision cannot be challenged or disputed.

4. AGE ELIGIBILITY TO JOIN COMPETITION

Only those who are 17 years and over, men or women, are allowed to join this competition but they must not be older than 35.

5. TOTAL NUMBER OF COMPETITORS IN COMP.

The total number of competitors for both categories, men and women, will be at the organizer's discretion.

If the total number of competitors does not reach 10 for either category, men or women, the organisers can request cities from either NZ or Australia to make up the numbers by bringing their second or third place getters to the competition.

6. AU TUANGA KA TARERE IA

Mei tei matauia kua akatu'anga ia teia tarere e 3 tuanga,

1. Ura marie
2. Ura Penu
3. Ura Viviki

TUANGA 2

URA MARIE

VAINE

Ka aru teia tuanga ki tei matauia i teia au mataiti i topa.

Kua akatu'anga ia ta ratou ura marie e rua tuanga.

a) URA MARIE KI TE IMENE

Ko te tuanga mua o te ura marie a te vaine koia oki ko te tuanga ura aru i te imene. Ka rauka i te au vaine i te iki i ta ratou uaorai imene no teia tuanga mua.

b) URA KI TE RUTU MARIE

Ko te rua o te tuanga o te ura marie ko te tuanga teia aru i te rutu. Ka rauka i te au tangata ura i te atu mai i ta ratou rutu no teia tuanga inara kia rutu'ia e toru tuanga o te rutu marie taito no te akaoti i teia tuanga. Ka rauka katoa i te au tangata ura i te iki i tetai o te au rutu marie taito no teia tuanga

6.CATEGORIES TO BE COMPETED

There are 3 categories to be competed for in this competition as follows

1. Slow Beat
2. Ura Penu
3. Fast Beat

SECTION 2

SLOW BEAT

WOMEN

This section will be the same as in previous competitions

This is split into 2 sections as follows:

a) DANCING TO A SONG

The first part of this category involves dancing to a song of your choice and sticking with the tempo of the slow beat category. Contestants to choose their own songs.

b) DANCING TO SLOW BEAT

The second part of this category involves dancing to a choreographed slow beat. Contestants can create their own beats for this category but must end with 3 sequences of the old traditional beat composed for this category. Otherwise, contestants can dance to one of the slow beats already composed for this category

c) ORA O TE URA MARIE

Ko te roa i teia nga tuanga e rua auraka kia roa ake i te 4 meneti, e 2 meneti no te ura ki te imene e 2 meneti no te ura ki te rutu.

Ka anoanoia te au tangata ura kia aru i te rutu tei akatakaia no teia tuanga e kare e akatika'ia kia taviviki'ia te rutu no teia tuanga

b) RAKEI O TE VAINI TINI

Ka anoanoia te vaine tini kia aao i te pareu kiriau me kore te au apinga natura o te enua meite rito, rauti, rauara, kikau e te vai atura no teia tuanga e ko te roaroa o te pareu koia oki ki raro uake I te turi.

c) Ko te au apinga akamanea i te pareu kia taangaanga'ia te au apinga natura meite rito, rau ara, kikau, parau, pata apuka, poepoe, pupu e te vai atura o te enua. Te akamaroiroi ia nei te au tangata ura auraka kia taangaanga i te au apinga kare i te Kuki Airani nei meite uru manu no te mea ka akateiaa ia te tuanga o te akavaanga ki runga i te au apinga natura no te Kuki Airani atu nei.

Ko te titi o te au vaine kua akakotinga ia teia ki te varu ini i te roaroa aere mai ki raro, vaito ia meite auaro o toou titi aere mai ki vao.

d) KAPA

Akatutu mai i te au akatutuanga o taau imene kia aru e kia tau ki te aite'anga o te au kupu o taau imene.

Ka akava ia tetai au tuanga o te rakei i te ra i mua ake i te tarere e ko te toenga ka akava ia i te nga po o te tarere.

KIRITIANGA KAI

c) TIME LIMIT FOR SLOW BEAT

The overall duration of this category is 4 minutes with 2 minutes allocated for the action song part and 2 minutes for the drumming part.

The beats for the slow beat must follow the tempo set for this category and the beats must not be quickened whatsoever in this category.

b) COSTUME FOR SLOW BEAT

The hula skirts for the women can be made from kiriau or any natural fiber like rito, kikau, rau ti, rau ara, maire etc with the length of the kiriau skirt just below the knee.

Dancers are encouraged to use natural local fibers like kiriau, rau ara, rito, pearl shells, kaka, poepoe, pata apuka, pupu etc for their titi and not things like feathers which are not made here in the Cook Island as the emphasis of the judging will be focused on the use of local natural fibers or material.

Titis are also to kept to 8 inches in length or less from the waist band outwards and no longer.

c) ACTIONS

Choreograph the actions of your song to reflect the meaning and lyrics of the song.

Some areas of the costume will be pre-judged the day before the competition while the rest will be judged on the nights of the competition

PENALTIES

- **Ka kiritiia e 2 kai me kare te turanga o te rutu e aru ia no teia turanga e kua taru ia mai te rutu viviki ki roto**

URA MARIE

TANE

Kua akatuanga ia ta te tane tini ura marie e rua tuanga.

a) PEE

Ko te tuanga mua o te ura marie koia oki ko te Pee. Nate au tane tini rai e atu mai i ta ratou pee e kia tangoia ki runga i te tumu tapura o te Maeva Nui 2026. Ko te roa i teia tuanga auraka kia tere atu i te 2 meneti.

b) URA MARIE KI TE RUTU

Ko te rua o te tuanga o te ura marie ko te tuanga teia aru i te rutu. Ka rauka i te au tangata ura i te atu mai i ta ratou rutu no teia tuanga inara kia rutu'ia e toru tuanga o te rutu taito marie no te akaoti i teia tuanga. Ka rauka katoa i te au tangata ura i te iki i tetai o te au rutu marie taito no teia tuanga

c) ORA NO TE URA MARIE

Ko te roa i teia nga tuanga e rua auraka kia roa ake i te 3 meneti, e 2 meneti no te pee, e tai e te apa meneti no te ura ki te rutu.

- **A 2 point deduction will apply if the slow beat part is also not observed and fast beats are incorporated in the category**

SLOW BEAT

MEN

This is split into 2 sections as follows:

a) CHANT

The first part of this category for men involves the Chant or Pee and the men are required to compose their own chant based on this year's Te Maeva Nui 2026 theme. This first part must not be more than 2 minutes.

b) SLOW DANCE TO BEAT

The second part of this section involves dancing to a slow beat. Contestants can create their own beats for this category but must end with 3 sequences of the old traditional beat composed for this category. Otherwise, contestants can dance to the slow beats already composed for this category

c) TIME LIMIT FOR SLOW BEAT

The overall duration of this category is 3 and a half minutes with 2 minutes allocated for the

Ka anoanoia te au tangata ura kia aru i te rutu tei akataka'ia no teia tuanga e kare e akatika'ia kia taviviki'ia te rutu no teia tuanga

d) RAKEI NO TE URA MARIE

Ka anoanoia te au tane kia aao i te pareu kiriaua me kore te au apinga natura o te enua meite rito, rauti, kikau, rau ara e te vai atura no teia tuanga e ko te roaroa o te pareu koia oki ki runga uake i te turi.

Ko te au apinga akamanea i te pareu kia taangaanga'ia te au apinga natura o te enua meite rito, rau ara, kikau, parau, pata apuka, poepoe, pupu e te vai atura o te enua Te akamaroiroi ia nei te au tangata ura auraka kia taangaanga i te au apinga kare i te Kuki Airani nei meite uru manu no te mea ka akateiaa ia te tuanga o te akavaanga ki runga i te au apinga natura no te Kuki Airani atu nei.

e) AKAVA'ANGA I TE RAKEI

Ka akava ia tetai nga tuanga o te rakei i te ra i mua ake i te tarere e ko te toenga ka akava ia i te nga po o te tarere.

KIRITIANGA KAI

- **Ka kiriti'ia e 2 kai me tere atu taau ura i te 3 meneti e te apa meneti e ka kiriti akaou ia e 2 kai i**

chant and the other minute and a half allocated for the slow drumming part.

The beats for the slow beat must follow the tempo set for this category and the beats must not be quickened whatsoever in this category.

d) COSTUME FOR SLOW BEAT

The hula skirts for the men can be made from kiriaua or any natural fiber like rito, kikau, rau ti, rau ara, maire etc with the length of the kiriaua skirt just above the knees

Dancers are encouraged to use natural local fibers like kiriaua, rau ara, rito, pearl shells, kaka, poepoe, pata apuka, pupu etc for their titi or other parts of their costume and not things like feathers which are not made here in the Cook Island as the focus of the judging will be based on the use of local natural fibers or material.

e) PRE-JUDGING OF COSTUMES

Some parts of the costumes will be pre-judged the day before the competition while the rest will be judged on the two nights of the competition

PENALTIES

- **A two-point deduction will apply if your performance exceeds the 3 and a half minute time restriction and a further 2 points will also be deducted**

te au apa meneti i runga ake i teia ora.

Ka akava takake'ia te rakei e i reira kiriti iaai te au kai me kore e aru'ia te au kotinga no runga i te rakei

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URA
PENU

TANE TINI

TURANGA O TE URA PENU

Ko te ura penu ko te ura teia ka anoanoia te tane kia ura ki tetai rutu kua kairoiro ia te rutu viviki e te rutu marie kia roto. Ka anoanoia te au tangata ura kia aru i teia au tau'anga rutu e i te ura mai ki teia au tau'anga.

No te taime mua ka anoano'ia te au tangata ura i te atu mai i ta ratou uaorai rutu no teia tuanga.

Ka anoanoia kia aru ia te au akanoonoo'anga mei tei matauia i roto i teia tuanga koia oki kia kairo'ia mai te rutu marie e te rutu viviki ki roto.

Ka rauka katoa i te au tangata ura i te taangaanga i tetai au penu meite korare, oe e te vai atura i roto i teia tuanga.

Ko te tikaanga teia i roto i teia tuanga no te au tangata ura i te akari mai i to ratou kite karape i te ura kare e rakei no te akamatutu i ta ratou ura. Kia akari katoa mai te au tangata ura i to ratou tu karape i te aru i te au tau'anga rutu e to ratou viviki.

for every 30 second above the 3 and a half minute time restriction.

The costumes will be judged separately with deductions applied where necessary.

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URA PENU

MEN

HOW THE URA PENU IS TO BE PERFORMED

The Ura Penu is like a free style section where the contestant's dance to both the fast and slow beat. Contestants are required to follow the changes in the tempo of the beats and dance to these beats accordingly

Competitors for the first time can create their own beat for this category

It is important that both the slow beat and fast beat is incorporated as is required in this category.

Props may also be used by the contestants and they will be judged on how well they use and incorporate those props in their routines.

This category gives competitors the opportunity to show case their expertise in the art of dance without the waist band and so forth to enhance their dancing. It also tests the dancer's ability to follow the different changes to the beats as well as the tempos of those beats.

For the first time also, dance movements have been included for the competitors to include in their performance and they will be judged on how well they execute these moves.

E no te taimē mua kua taru katoa ia mai tetai au kapa te ka anoanoia te au tangata ura kia tauru ki roto i ta ratou akatutuanga e ka akava ia ratou ki runga i te turanga i ta akatutu'anga i teia au kapa.

Ka riro teia tuanga i te akari mai i te tu karape e te meitaki o te au tangata ura no te mea kare e rakei no te akameitaki atu i ta ratou ura'

AU URA KIA TARU'IA KI ROTO I TE URA PENU. (TUPUANGA OU TEIA!!)

I te mea oki e aite atu rai teia tuanga ki te akaaere'anga akari mai i te oonu'anga o toou marama e toou tu karape i te ura, no te taimē mua **ka anoanoia** te au tangata ura kia ura mai i teia au tu ura i raro nei Kapiti atu ki te au ura na ratou rai i anga mai. Tei runga rai i te au tangata ura i te akamatutu atu i teia au ura meite taakaaka ia ratou me totoro me kore kia rere teitei atu mei te ura iana e te Manihiki e te vai atura. (*Ka oronga iatu tetai nenei'anga no runga i teia au tu ura.*)

- 1. TOTORO** – ka anoano'ia te au tangata ura kia taakaaka e kia ura totoro ki mua mei tetai 5 tekona me kore tere atu. (akara ki te ripine tei nenei'ia)
- 2. TAUTAPE** – Takaaka ki raro e oti ura takapini ki runga e tai vaevae i tetai vaevae e aru takapini ara i taau ura. Kia rave ia i roto i te ura marie e te rutu viviki katoa. Kia akaoki'ia teia akatutuanga na tetai tua. (akara ko te ripine tei nenei'ia)
- 3. VAEVAE TIKOTIKOTI** – ko te ura teia ka tikotikoti te nga vaevae te tane ia ratou e ura ara ki mua mei tei akari iatu ki roto i te ripine teata. (akara ki te ripine tei nenei'ia)
- 4. WHAKATIKATIKA** – Ko te tuanga teia e rererere aere ana te tane mei tate Maniiki e

This category tests the expertise of the competitors in every way and their ability to dance with just the bare minimum as their costume.

DANCE MOVES WHICH MUST BE INCLUDED IN URA PENU (NEW!!)

As this category could be compared to a freestyle section, for the first time, contestants **must** include the following dance moves in their routine along with their own dance creations. It is up to the dancers to further enhance these move for example how low they can dance to the totoro move or how high they can jump in the whakatikatika. move. (*Contestants will be provided videos demonstrating these dance moves*)

- 1. TOTORO** – where the dancers are to lower their normal dancing position and dance forward maintaining that position for at least 5 seconds or more. (See recording provided)
- 2. TAUTAPE** - Where the dancer lowers their stance and maintains their balance on one foot while dancing in a full circular motion. To be repeated moving in the opposite direction. (See recording provided)
- 3. SCISSORS** – Where the men dances forward doing a criss cross scissors motion with both legs and arms as shown on video clip. (See recording provided)
- 4. WHAKATIKATIKA** – Where the contestant is doing leaping movements as commonly seen amongst Manihikian men dancers, however it must be done starting with single leaps and ending with a double leap on

rave ana. Kia rere tataki tai ki runga i nga vaevae taopenga atu e rua rere'anga ki runga i tetai vaevae ka tanga atu ei ki tetai vaevae. Ripiti e rua taime mei tei akari iatu ki runga i te ripine teata. (akara ki te ripine tei nenei'ia)

5. KOTAA – Aru i tei akari iatu ki runga i te ripine teata.

Kiriti'anga kai

- **Ka kiritiia e 2 kai i te tuanga okotai me kore tetai o te 5 tuanga ura tei anoanoia te au tangata ura kia ura mei tei akataka'ia i roto i te ture. Ei akara'anga, me kare pouroa teia au ura e 5 e ura ia mai tera te aite'anga ka kiritiia e 10 kai mei roto i taau tuanga kai no te ura penu.**

b) RAKEI O TE URA PENU – TANE

1. Ko te rakei no teia tuanga ka aao te tane i tetai maro pareu kakau ua kare e au akamana e pera katoa kare e riri vaevae e te riri rima. Naau rai e iki mai e ka akapeea koe me takai i toou pareu inara auraka e aao mai i te pareu roaroa taeria te poro vaevae.

2. Kare e akatika ia kia aao mai te tane i tetai titi i roto i teia tuanga

3. Kare e akatika'ia te riri rima e te riri vaevae

4. Ka akatika ia koe kia aao i tetai ei katu noou, auraka ra te pare.

5. Ka akatika'ia te ei kaki

KIRITI'ANGA KAI

- **Ka kiriti'ia e 2 kai i te tuanga okotai me kore e aru'ia te ture**

one leg before switching to the other leg as in video. (See video recording)

6. KOTAA – Follow what's shown in the video clip.

Point Deduction

- **2 points will be deducted if any of the five dance actions as stipulated in the rules in not performed in any of the contestants routines for ura penu. For example, if the whole 5 dance moves are not performed it means 10 points will be deducted from your total points for the ura penu.**

b) COSTUME FOR URA PENU – MEN

1. Men will use pareu material or material of any colour as their pareu. They can tie the pareu as they wish however it must not hang right down to their feet.

The men must not use a waist band or titi in this category.

2. Contestants cannot wear leggings on both their legs or arms

3. Contestants can wear a head ei but it must not be a hat of any sort.

4. Contestants can also wear neck ei's.

POINT DEDUCTIONS

- **2 points will be deducted if any of rules 1 to 3 for this category is not adhered to for costume.**

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numero 1 kite 3 no runga i te rakei.

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URA PENU

VAINE

a) TURANGA O TE URA

Ko te ura penu ko te ura teia ka anoanoia te vaine kia ura ki tetai rutu tei roto te ura marie e te ura viviki.

No te taimē mua na te au tangata ura rai e atu mai i ta ratou uaorai rutu no teia tuanga, kia aru ra te akanoonoo'anga mei tei matauia i roto i teia tuanga koia oki kia kairo'ia mai te rutu marie e te rutu viviki ki roto.

Ka rauka katoa i te au tangata ura i te taangaanga i tetai au apinga meite tairiiri, korare, oe e te vai atura i roro i teia tuanga.

b) AU URA KIA TARUIA KI ROTO I TE URA PENU. (TUPUANGA OU TEIA!!)

I te mea oki e aite atu rai teia tuanga ki te akaaere'anga akari mai i toou marama oonu e toou tu karape i te ura, no te taimē mua ka anoanoia te au tangata ura kia ura i teia au tu ura i raro nei kapiti atu ki ta ratou au akaaere'anga ura i atu, e ka akava'ia rai teia au tuanga i roto i taau akatutuanga. Ka oronga iatu rai tetai nenei'anga no runga i teia au tu ura.

1. MANAVA – Akara ki te ripine teata tei oronga iatu no teia ura.
2. TOTORO - Akara ki te ripine teata tei oronga iatu.
3. RUNGA RARO - Akara ki te ripine teata tei oronga iatu

URA PENU

WOMEN

a) HOW THIS CATEGORY IS TO BE

PERFORMED

The Ura Penu is like a free style section where the competitor dances to both the fast and slow beat.

For the first time contestants are required to compose their own ura penu beats for this category but must incorporate both the slow beat and fast beat similar to the old ura penu beats.

Contestants can also use props like fans, spears, paddles etc in this category

b) DANCE MOVES WHICH MUST BE INCLUDED IN URA PENU (NEW!!)

As this category could be compared to a freestyle section, for the first time, contestants must to include the following moves in their routine along with their own dance movements and will be judged on how well they perform these moves or actions. Contestants will be provided videos demonstrating these dance moves.

1. MANAVA – As provided in the video clip
2. TOTORO - As provided in video clip.

3. RUNGA RARO - As provided in video clip.

4. TURI-MANGA PAKUIVI – As in video clip.

5. PATERE - As in video clip.

4. TURI-MANGA PAKUIVI - Akara ki te ripine teata tei oronga iatu.

5. PATERE - Akara ki te ripine teata tei oronga iatu.

6. AKAPARU - Akara ki te ripine teata tei oronga iatu.

Kiriti'anga Kai

- **Ka ritia e 2 kai i te tuanga okotai me kore tetai o te 6 tuanga tei anoanoia te au tangata ura kia ura mai mei tei akatakaia i roto i te ture. Ei akaraanga me kare e ura ia teia au tuanga katoatoa ka kiriti'ia e 12 kai mei roto i taau tuanga kai. Me kare e ura'ia e 3 tuanhga ka kiriti'ia e 6 kai.**

b) RAKEI O TE URA PENU – VAINÉ

1. Ko te rakei no teia tuanga ka aao te vaine i tetai maro pareu kakau ua kare e au akamana e pera katoa kare e titi mei tei matau'ia i roto i te ura marie e te ura viviki. . Naau rai e iki mai e ka akapeea koe me takai i toou pareu. Auraka e aao mai i te pareu roaroa taeria te poro vaevae.

2. Kare e akatika'ia te titi e te au akamana i roto i teia tuanga.

3. Kare e akatika'ia te riri me kore apinga akamana i runga i nga rima.

4. Ka akatika ia koe kia aao i tetai ei katu e te ei kaki no teia tuanga, auraka ra te pare.

c) TE ROA O TE URA PENU

Ko te ora tei oronga'ia no teia tuanga e 3 ki te 4 meneti i te roa.

KIRITI'ANGA KAI

6. AKAPARU - As in video clip

Points Deduction

- **2 points will be deducted if any of the six dance actions as stipulated in the rules in not performed in any of the contestant's routines for ura penu. E.g. If all 6 moves are not included in your performance 12 points will be deducted from your total points. If 3 dance moves are not performed it means 6 points will be deducted from your total points for the ura penu.**

b) COSTUME FOR URA PENU– WOMEN

1. The women will use pareu or material of any colour as their pareu for this category. They can tie the pareu as they wish but the length of the pareu is just below the knees.

2. Titis and other pieces often worn in the slow and fast beat are not allowed in this category

3. No arm bands of any sort allowed

4. Contestants can wear a head or neck ei but not a hat of any sort.

c) TIME FOR THE URA PENU

The time allocated for this category is between 3 to 4 minutes.

POINT DEDUCTIONS

- **2 points will be deducted if rules 1 to 3 for this category is not adhered to.**

- **Ka kiriti'ia e 2 kai i te tuanga okotai me kore e aru'ia te ture 1 ki te 3 no runga i te rakei.**

TUANGA 4

URA VIVIKI

TANE

a) AKANOONOO'ANGA

Ko te tuanga teia te ka anoanoia te au aronga ura kia ura ki te ura viviki e ko te au rutu katoatoa ka rutu'ia i roto i teia tuanga aiteite to ratou viviki.

Kare e rutu tau ua tona viviki me kore te rutu marie e akatika'ia ki roto i teia tuanga

Ka rauka i te au tangata ura i te atu mai i ta ratou rutu no teia tuanga inara kia akaoti ia te reira ki te toru tuanga o te rutu tupuna viviki tei matau'ia no teia tuanga.

Ka rauka katoa i te au tangata ura i te ura ki te au rutu ura viviki takere tei atu'ia no teia tuanga

b) RAKEI URA – TANE

Ka rauka i te tane i te aao i te pareu kiriau me kore tetai uatu apinga natura meite rauara, rauti, kikau, rito e te vai atura no teia tuanga e ko te roaroa i te pareu o te tane ki raro uake i te turi.

Te akamaroiroi ia nei te au tangata ura kia ta'anga'anga i te au apinga natura o te Kuki Airani no to ratou akamanea e auraka ki te au apinga mei tai mai meite uru manu no te mea kua akateiaa ia te oronga'anga kai meitaki no te rakei ki runga i te au apinga natura o te Kuki Airani nei.

SECTION 4

FAST BEAT

MEN

a) CONDITIONS OF FAST BEAT

This is the fast beat section where all beats that are played and danced to are at the same tempo, which is fast.

No medium tempo or slow beat to be incorporated into this category whatsoever.

Dancers can create their own beat for this category however they must end with three brackets of the old traditional fast beat to finish their routine.

Dancers can also choose to dance to the old fast beats already composed for this category.

b) COSTUME – MEN

Men are able to use kiriau skirts or any natural fiber from the Cook Island like rauti, rauara, rito, kaka and so forth for their costume in this category and also use natural fibers or materials to decorate their bands and so forth.

Dancers are discouraged from using things not found in the Cook Islands like feathers as judging criteria's are concentrated mainly around the use of local natural fibers and materials from the Cook Islands.

No cloth material to be used for this section except for bands for waist bands, hats and so forth.

c) TIME

This category is restricted to 2 minutes.

Kare e akatika'ia te pareu kakau no teia tuanga mari ua ei auaro no te titi me kore tatua, pare e te pareu.

c) ORA NO TE TEIA TUANGA

Kua akatinamou'ia teia tuanga ki te 2 meneti I te roa.

KIRITIANGA KAI

- **Ka kiriti'ia e 2 kai me tere atu taau ura i te 2 meneti e ka kiriti akaou ia e 2 kai i te au apa meneti i runga ake i teia ora.**

URA VIVIKI

VAINE

a) AKANOONOO'ANGA

Ko te tuanga teia te ka anoanoia te au tangata kia aru i tetai ura viviki e kia aiteite tona viviki ki te au rutu katoatoa i roto i teia tuanga.

Kare e rutu tau ua tona viviki me kore te rutu marie e akatika'ia ki roto i teia tuanga

Ka rauka i te au tangata ura i te atu mai i ta ratou rutu no teia tuanga inara kia akaoti ia te reira ki te toru tuanga o te rutu tupuna viviki tei matau'ia no teia tuanga.

PENALTIES

- **A 2 point deduction will apply if your performance exceeds the 2 minute time restriction and a further 2 points will also be deducted for every 30 seconds above the 2-minute time restriction.**

FAST BEAT

WOMEN

a) CONDITIONS OF FAST BEAT

This is the fast beat section where all beats that are played are at the same tempo, fast.

No medium tempo or slow beat to be incorporated into this category whatsoever.

Dancers can create their own beat for this category however they must end with three brackets of the old traditional fast beat to finish their routine.

Dancers can also choose to dance to the old fast beats already composed for this category.

b) COSTUME - WOMEN

Ka rauka katoa i te au tangata ura i te ura ki au rutu ura viviki takere tei atu'ia no teia tuanga

b) RAKEI URA – VAINE

Ka rauka i te vaine i te aao i te pareu kiriaua me kore tetai uatu apinga natura meite rauara, rauti, kikau, rito e te vai atura no teia tuanga. Ko te turanga katoa te reira no te au apinga akamana o te pareu meite titi, tatua, papa e te vai atura.

Ko te roaroa i te pareu o te vaine ki runga uake i te tapuae vaevae. Kare e akatika'ia te pareu raro uake i te turi me kore rotopu i te poro vaevae e te turi te roaroa.

Te akamaroiroi ia nei te au tangata ura kia ta'anga'anga i te au apinga natura o te Kuki Airani no te ratou akamana e auraka ki te au apinga mei tai mai meite uru manu no te mea kua akateiaa ia te oronga'anga kai meitaki no te rakei ki runga i te au apinga natura o te Kuki Airani nei.

Kare e akatika'ia te pareu kakau no teia tuanga mari ua ei auaro no te titi, papa, tatua me kore ei auaro no roto ake i to ratou pareu kiriaua.

c) TE ORA NO TE URA VIVIKI – VAINE

Ko te roa o te ura viviki koia oki auraka kia roa atu i te 2 meneti

KIRITIANGA KAI

Women are able to use kiriaua skirts or any natural fiber from the Cook Island like rauti, rauara, rito, kaka and so forth for their costume in this category and also use natural fibers or materials to decorate their bands, bras, sashes and etc and so forth.

The length of the hula skirt must be just above the foot. Pareu's just below knees or half way up the legs are strictly forbidden

Dancers are discouraged from using things not found in the Cook Islands like feathers as judging criteria's are concentrated mainly around the use of local natural fibers and materials from the Cook Islands.

No cloth material to be used for this section except for covering the bands for waist bands, hats, or for extra coverage while wearing the kiriaua skirts and so forth.

c) TIME FOR FAST BEAT – WOMEN

Time duration for this category is 2 minutes

PENALTIES

- **A two-point deduction will apply if your performance exceeds the 2 minute time restriction and a further 2 points will also be deducted for**

- Ka kiriti'ia e 2 kai me tere atu taau ura i te 2 meneti e ka kiriti akaou ia e 2 kai i te au apa meneti i runga ake i teia ora.

Ka akava'ia te tuanga o te rakei mei tei matauia takake mei te toenga o te tuanga ura.

TUANGA 5

AU TURE KE

a) TURUTURU O TE TANGATA URA

Kare te au tangata turuturu i te tangata ura e akatika'ia i te rave i tetai au angaanga me kore peu meite ura e te vai atura me ka takai ratou ki runga i te taua tarekareka i tetai uatu taime, e kia akatea ratou mei runga i te taua me akamata te tangata ura i tana akatutuanga.

b) TE AU APINGA AKAMANEA

Nate au tangata ura rai e tari mai i ta ratou apinga akamanea ki runga i te taua e te akatea i te reira me oti ta ratou tarekareka.

ORA AKATEATEA MAMA O KI RUNGA I TE TAUA E TE AKATEA KI

VAO

Ko te ora no te akateateamamao ki runga i te taua e 5 meneti e ka oronga katoa ia e 5 meneti no te akatea mei runga i te taua i muri ake i ta ratou akatutu'anga

c) TUA TAPAPA

Ka anoanoia te tua tapapa kia tae mai ki te Opati o te Tauranga Vananga i te
Ka kiritiia tetai au kai me kore taau tua tapapa i tae mai ki te Tauranga Vananga i te reira ra e te au ra ka aru mai.

d) PUPU TURU

E 4 rai au turuturu ka akatika'ia ki muri i te

every 30 second above that 2 minute time restriction.

The costumes will be judged separately with deductions applied where necessary.

SECTION 5

OTHER RULES

a) SUPPORT CREW OF DANCERS

Support dancers cannot do anything that enhances the performance of any competitor and must vacate the main stage as soon as the competitor starts their performance.

b) PROPS

The competitors are responsible for bringing any prop on stage as well as clearing the stage after their performance

c) SET UP AND PACK AWAY TIME

Setup time on stage before a competitor starts their performance is 5 minutes with 5 minutes also allocated for clearing the stage after their performance

d) SCRIPTS

All scripts are due to be handed to MOCD no later than..... Penalties will be imposed if your script is not received after that date and every other day thereafter.

e) SUPPORTING CREW

Only 4 members of any competitors team are allowed in the changing rooms at the back of Auditorium or in the wings of the main stage

ngai tau'i'anga e pera katoa ki te paepae o te taua tarekareka koia oki ko te akaaere, te puapui, e te nga tangata akamanaea.

f) **A'I KA**

Kare e akatika'ia tetai uatu ai ki runga i te taua tarekareka.

g) **VAI** - Kare e akatika ia te vai ki runga i te taua.

h) **PAURA PIPI** - kare e akatika'ia te paura pipi ki runga i te taua ura.

i) **AKARI MAORA/INU** - Kare e akatika'ia te inu maoro e tetai uatu inu ki runga i te taua ura.

j) **ANIMARA ORA** - Kare e akatika'ia te manu ora ki runga i te taua i tetai uatu taime

k) **KONA KAVA ME KORE KUA TAERO I TE APINGA AKATAERO TANGATA** - Kare e akatika ia te kava kona e tetai uatu apinga akaneneva upoko ki runga, me kore, ki roto i te ngutuare o te Tauranga Vananga e ka rauka tetai uatu tangata ura i te titiri'ia mei roto i te tarere me aati'ia teia ture noatu e ko te tangata tei apa e tangata turuturu ua aia.

I. ANGAANGA REPO E TE TAUKORE

Kare katoa e ariki'ia te au angaanga taukore meite akari mai i toou mero kopapa i te tuatau o taau tarekareka e ka rauka i te au akaaere i te titiri i tetai uatu tangata ura mei roto i te tarere me aati'ia teia ture.

m)TUATUA TAUKORE E TE TU AKATEITEI - Kare e ariki'ia te tuatua viivii i runga i te taua me kore te tu akateitei ki te au akaaere e ka akatea ia koe mei roto i te ngutuare o te Tauranga Vananga e ka titiri'ia koe mei roto i te tarere.

n)AKAVA'ANGA – Me oti te tukuanga kai ate au Akava i te akatinamou'ia, kare te reira au tare kai e rauka i te tau'i'ia e tetai uatu tangata. Ka rauka i te au tangata ura e tona

and they are, the team leader, the tutor and 2 helpers.

f) **LIVE FLAMES**

There is to be no live fire on stage at any time

g) **WATER** - no water to be taken on stage

h) **POWDER** - no powder is to be taken on stage

i) **OIL** - No oil of any sort allowed on stage

j) **LIVE ANIMALS** - No live animal allowed on stage at any time.

k) **UNDER THE INFLUENCE OF ALCHOHOL OR OTHER SUBSTANCES** - Being under the influence of alcohol or other

substances will not be tolerated and contestants will risk disqualification for infringing on this law even if the culprit is just a supporter.

l) **INDECENT BEHAVIOUR** - Indecent behavior and the exposure of private parts or undergarments will not be tolerated and competitors risk disqualification for infringing this rule.

m) **FOUL LANGUAGE AND DISRESPECTFUL BEHAVIOR** - Foul language and disrespectful behavior will not be tolerated and those who infringe upon this rule risk being evicted from MOCD property and risk disqualification from the competition.

n) **JUDGING** - Judges results will be final and cannot be disputed. Competitors can however ask to see their own results after the competition.

Kia orana e kia manuia,

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